

Books About Pregnancy & Birth for Children

There are many wonderful books for children that describe pregnancy and birth. Here is a small sampling of time-tested books so you can locate them easily the next time you visit the library.

For more recommendations based on age and select topics, please visit our website at AhaParenting.com.

Books:

- Before You Were Born: The Inside Story by Ann Douglas
- Being Born by Sheila Kitzinger
- Hello Baby! by Lizzy Rock
- How Was I Born?: A Child's Journey Through the Miracle of Birth by Lennart Nilsson
- Mommy's in the Hospital Having a Baby by Maxine B. Rosenberg
- My New Baby And Me: A First Year Record Book For Big Brothers And Sisters by Metropolitan Museum of Art
- What Baby Needs by William Sears
- Welcome With Love by Jenni Overend
- We Have a Baby by Cathryn Falwell
- Now We Have a Baby by Lois Rock
- What Makes a Baby by Cory Silverberg

For families who lose a baby to miscarriage or stillbirth:

- We Were Gonna Have a Baby, But We Had an Angel Instead by Pat Schwiebert