This book is intended to serve as a template for you to create a personalized story to help your child prepare for the separation that will take place when you are giving birth to your baby. In this scenario, the older child is left with a friend or relative, while the parents are at the hospital or birth center.

Please personalize the story, words and the picture choices as much as you would like to fit your needs.

***Nate Gets a Baby Brother***

A picture of parents and Nate (or whatever your darling’s name is)

# **Mommy and Daddy LOVE Nate.**

A picture of pregnant Mommy with Nate.

# **Nate’s brother is growing inside Mommy.**

A picture of Nate singing to Mommy’s belly.

# **Nate sings to his brother so he won’t feel lonely. The baby loves to hear Nate sing!**

A picture of a Nate holding his doll.

# **Soon, Nate’s brother will be ready to be born, to live with Nate and his family. While he waits, Nate practices with his doll baby. Nate knows that babies need love.**

A picture of the hospital or birthing center where the baby will be born.

# **The baby is born at the hospital or birthing center so the doctors, nurses and midwives can help with the birth.**

A picture of Daddy, or Mommy’s partner.

# **Daddy helps Mommy at the hospital while she gives birth to Nate’s brother.**

Picture of Nate and Grandma (or whoever Nate will stay with)

# **Nate is safe and happy playing with Grandma while Mommy is giving birth.**

Picture of Grandma holding Nate.

# **Nate misses Mommy and Daddy while they are at the hospital. Grandma holds Nate and takes good care of him. Mommy and Daddy will be home soon.**

Picture of Mommy and Daddy hugging Nate.

# **Mommy, Daddy and Nate’s new baby brother are coming home to Nate.**

Picture of Mommy and Daddy holding Nate.

# **Nate is so happy to be with Mommy and Daddy again. Mommy and Daddy always come back.**

Picture of Nate with his doll, which can later be replaced by a picture of Nate with the baby.

# **Nate still loves his doll. But now Nate has a baby brother of his very own!**

Picture of parents and children.

# **Now there are four people in Nate’s family. Nate loves his family. Families are forever.**