

# peaceful parent happy kids

## **Recommended Books: Infants and Babies**

These are the best books we know about babies, to help you in developing your own parenting style.

Here is a small sampling of time-tested books so you can locate them easily the next time you visit the library.

For more recommendations based on age and select topics, please visit our website at **[PeacefulParentHappyKids.com](http://PeacefulParentHappyKids.com)**.

**1. The Science of Parenting: How Today's Brain Research Can Help You Raise Happy Emotionally Balanced Children**

by Margo Sunderland

**2. Your Baby & Child: The Classic Childcare Guide** by Penelope Leach

**3. Baby Matters: What Your Doctor May Not Tell You About Caring for Your Baby** by Linda Folden Palmer, DC

**4. The Sears Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two** by William Sears, MD; Martha Sears, RN & Robert W. Sears, MD

**5. Why Love Matters: How Affection Shapes a Baby's Brain** by Sue Gerhardt

**6. The Four-Thirds Solution: Solving the Child-Care Crisis in America Today** by Stanley I. Greenspan, MD

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**7. The Premature Baby Book** by William Sears, MD; Robert Sears, MD; James Sears, MD & Martha Sears, RN

**8. Attached at the Heart: Eight Proven Parenting Principles for Raising Connected and Compassionate Children** by Barbara Nicholson, MEd CEIM & Martha Sears, RN